

PRIORITIES WORKSHEET



Here is a list of useful questions to help identify priorities.

List 3 answers for each question, then identify the top themes that emerge across the questions.

What is in your personal space?

1.

2.

3.

Where do you spend most of your energy?

1.

2.

3.

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Where do you spend most of your time?

1.

2.

3.

Where do you focus the most? Where do you focus your thoughts? Your emotions?

1.

2.

3.

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What goals have you set that show signs of coming true?

1.

2.

3.

What do you love talking about to others?

1.

2.

3.

Where are you most organized?

1.

2.

3.

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Based on your answers to these questions; **what are the top 3 to 5 answers that emerged? These are likely your priorities right now.**

Top Priorities

1.

2.

3.